



Social Studies Activities

Title: **Bread Is for Eating**

Authors: **David and Phillis Gershator**

Illustrator: **Emma Shaw-Smith**

Social Studies Concepts:

- geography
- culture
- careers

Bread Around the World

Team up with a group of older students to do some library research. Together, read *Bread, Bread, Bread* by Ann Morris — which provides a good introduction to breads of other cultures — and then form small groups (an older student with two or three younger ones) to research one of the breads described in this book. Have them gather the following information, post it on a large chart, and then discuss their findings.

- country of origin
- special uses
- ingredients
- shape
- how it is baked

Make a Bread Map

Extend the previous activity by exploring where various breads originated. As each research group presents its discoveries, have them use a large world map to indicate the country where their type of bread is made and place a self-stick note to mark the location. Have them note the distance between this location and where they live, so the class will get a global view of how bread truly encircles the world.

Tasting Party

Many children may have only experienced white bread. In order to expand their experience, have a “tasting party” with other types of bread. Buy or ask for donations of bagels, English muffins, croissants, biscuits, corn muffins, rye bread, whole wheat bread, pumpnickel, baguettes, pita, tortilla, chapati and more. Before students sample the bread, discuss its color, shape, and texture. Then, as they sample the bread, have them compare other characteristics such as smell, taste, softness, and chewiness.

Culinary Careers

Invite a local baker to visit the class and talk about making bread and/or pastries. If possible, take a field trip to a bakery to watch bread being made. Be sure that students



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are aware of the time bakers begin work to ensure that the bread is ready when the bakery opens. Following the talk or field trip, do a shared writing so students can recall what they learned about the business of baking bread.

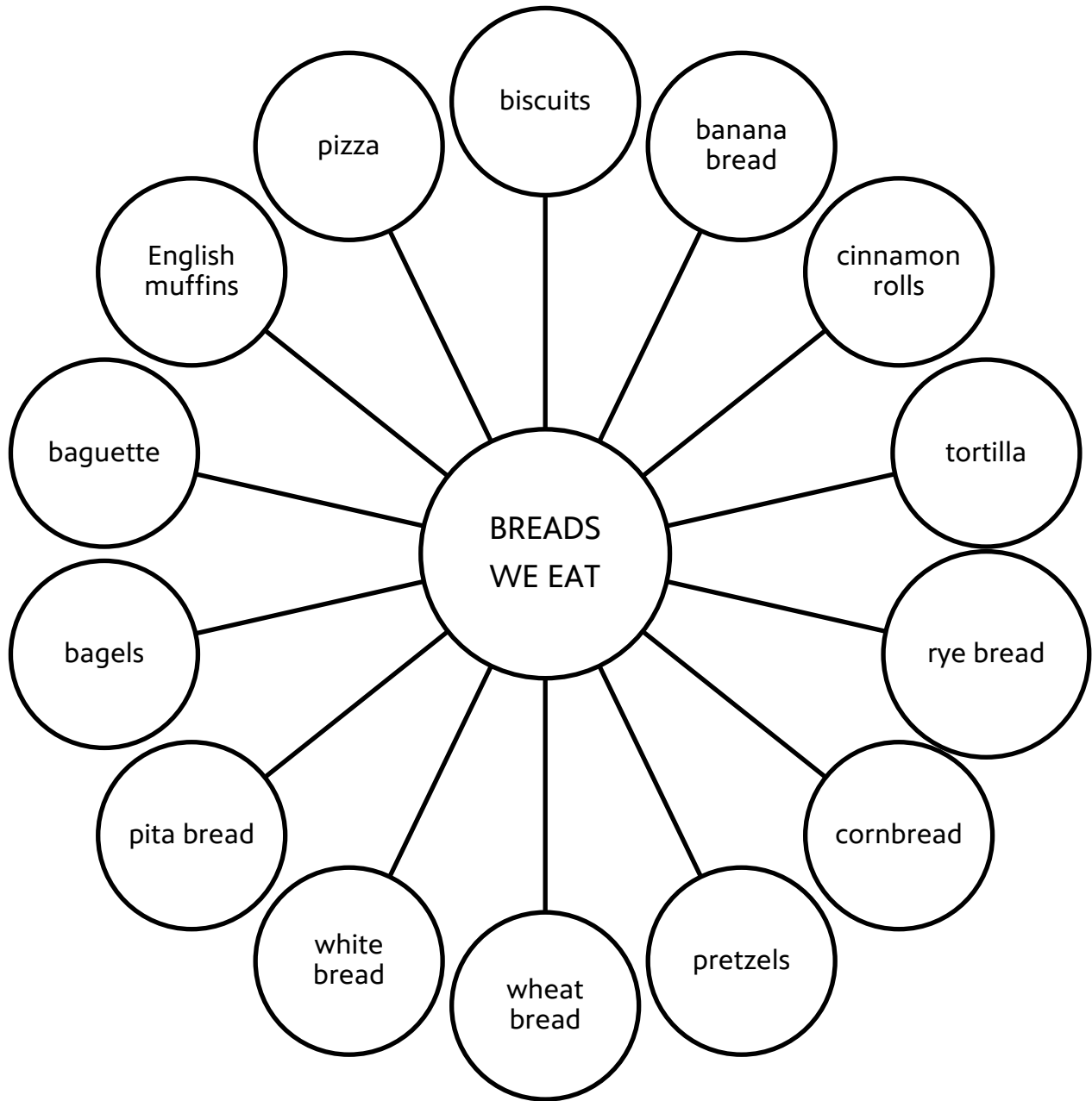
Do-at-Home Activity

Encourage families to continue this bread discussion by sending home the “Something from the Oven” worksheet. Some families may send to school a bread recipe they’d like to share. Copy these recipes and create booklets for students to illustrate and take home.

Name: _____ Date: _____

Something from the Oven

What kinds of breads do you eat? Look at the names in the word web. Color in the circle for each type of bread your family has eaten. Draw a star next to your favorite kinds.



Please bring a copy of your favorite bread recipe to school.
The recipe will be put in a class bread recipe book!